

Start times

Any time on 21st June.

Start and Finish

Located in the park adjacent to Garden Road, Brighthouse.

Take care not to go near the finish as you approach or leave the start.

Parking

You can park on the A644, Halifax Road or Garden Road or in one of the side roads to the east of the park.

Courses

Long 5.2km

Medium 3.9km

Short 2.1km

Maps

PDF maps will be available for printing off the night before the event.

Please check for legibility but try not to plan your route in advance.

MapRunF Software

Read James Williams' article and other information on the EPOC website.

Using the app will give confirmation of reaching the control and act as a results mechanism.

If you don't have a smart phone send your time to the Richard Payne or Roy Lindsell.

Keep clear of the finish after you have completed your run.

Safety

All courses include public roads with traffic.

Please take care and use the crossing points recommended.

We strongly advise that all children be accompanied by an adult.

There are steps on the long and the medium courses which can be slippery when wet.

Consideration

Please respect social distancing and other members of the public.

This is not an official BO event and is not included in their insurance policy.

Neither EPOC nor the course planner can be held responsible for accidents.

You take part at your own risk.

Problems

Call Roy Lindsell on 07583 679205

